

# how to make a smoothie

- Sweetbird Smoothie
- 12oz glass
- Water
- Ice cubes
- Blender



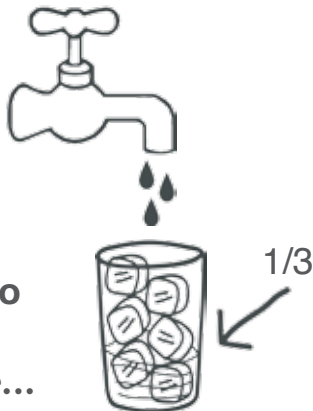
1.

Fill a 12oz glass with ice cubes...



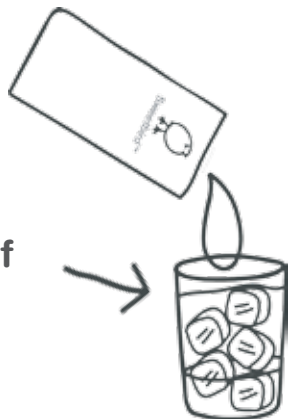
2.

Add water to 1/3 of glass over the ice...



3.

Fill to top of glass with Sweetbird Smoothie.



4.

Pour contents of glass into blender.



5.

Blend until smooth



6.

Serve & Enjoy!

